

4th Annual 5 K Run / 1 Mile Walk

# Run for Your Life!™

Promoting Increased Physical Activity for Children

**Date: April 12<sup>th</sup>, 2008**

**Start Time 9:00 a.m.**

**Pre-register by: April 4<sup>th</sup>**

The race begins at the County Fairgrounds in Berea, just west of the Bagley Road exit off I-71. For directions, visit [www.ccbh.net](http://www.ccbh.net) (click on "Run For Your Life") or call (216) 201-2000.

Sponsored by:



**Entry Fee includes t-shirt, refreshments, games & prizes.**

Pre-Registration / No Refunds

- \* **5K Runner** \$15 / \$18 Day of race
- Children (14 & Under) \$10 / \$12 Day of Race
- \* **1 Mile Walker** \$10 / \$12 Day of Race
- \* **Tot Trot** free



### 5K Race Awards



Prizes will be awarded to top 3 overall female & male AND top 3 female & male in each age group



Please make check payable to: Hermes Sports & Events

(Circle One)

1624 St. Clair Ave., Cleveland, Ohio 44114

5 K

For more info, call (216) 623-9933 or register on-line at [www.hermescleveland.com](http://www.hermescleveland.com).

1 Mile

Name		Street Address			
City	State	Zip	Date of Birth	E-Mail	
Gender	Age on Race Day	Phone	Child M	T-shirt Sizes S M L XL XXL	Adult
School District	CCBH Employee ? Yes/No	Silver Sneakers Member ? Yes/No	YMCA Member ? Yes/No		

In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the Cuyahoga County Board of Health, The YMCA, Hermes Sports & Events, City of Berea, Cuyahoga County Agricultural Society, their representatives, successors, and assigns for any and all injuries suffered by me in said event or in transit to and from said event. I further attest that I am physically fit and have sufficiently prepared for this event. I will additionally permit the use of my name and/or pictures in the Cuyahoga County Board of Health's publications.

Signature

Date

Signature of parent or guardian if under 18 years

Date